

Professional Disclosure Statement
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Philosophy and Approach: I believe that everyone can reach an optimum state of health. I employ an eclectic approach with a strong reliance on cognitive-behavioral methods.

Formal Education and Training: I hold a master's degree in counseling from Antioch University and a master's degree in Public Administration from the University of Colorado. Major course work included group dynamics, and human growth and development with an emphasis on neuropsychiatric conditions such as Attention Deficit Hyperactivity Disorder, Autism Spectrum Disorders, Tourette's syndrome, and Bipolar Disorder.

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license I am required to participate in continuing education, taking classes dealing with subjects relevant to this profession.

Fees: 1) My fee is \$140 per hour for ongoing therapy. 2) My fee for your first session with me is \$160. 3) My fee for testing, records evaluation, and administrative activities is \$150.00 per hour.

As a client of an Oregon licensee, you have the following rights:

- To expect that a licensee has met the qualifications for training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse 2) Reporting imminent danger to you or others 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies 4) Providing information concerning licensee case consultation or supervision and 5) Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists
3218 Pringle Rd SE, #120, Salem, OR 97302-6312 Telephone: (503) 378-5499
Email: lpct.board@mhra.oregon.gov Website: www.oregon.gov/OBLPCT